

AT A GLANCE

Licensed Social Worker with certifications in Motivational Interviewing, QPR Suicide Prevention, Red Cross Instructor and Child Passenger Safety Technician.
LSW License # 33009812A

CONTACT



Liz.brueseke@gmail.com



(574) 440-5123



South Bend, Indiana

EDUCATION



INDIANA UNIVERSITY
Masters of Social Work
2020



INDIANA UNIVERSITY
Bachelors of Science in
Elementary Education
2003

ELIZABETH A. BRUESEKE

MSW, LSW

OBJECTIVE

To provide guidance as students seek to handle and cope with stress, and the high demands of student life.

EXPERIENCE

REGIONAL SUPERVISOR; LIFELINE YOUTH & FAMILY SERVICES

(April 2019 to Current)

- Supervisor Bachelor's and high school level field staff
- Provide weekly supervision to field staff
- Maintain compliance with documentation
- Build and maintain relationships with other child services workers
- Train, coach, and supervised up to 16 staff from new hires to seasoned employees in both clinical and non clinical job skills
- Maintained database tracking for paperwork deadlines, and staff caseloads
- Teaching Red Cross CPR/AED/First Aid and car seat safety to staff state wide
- Developed and continue to maintain 11 foster parent training and support group in 3 different regions of Indiana.
- Develop trainings for foster parent support groups and staff continuing education
- Presented trainings and facilitate group sessions with foster parents and staff

THERAPIST; CORNERSTONE FAMILY THERAPY, LLC.

(November 2020 to Current)

- Assess client's needs and goals for treatment
- Work with parents of youth to determine goals, and plans to address those goals
- Individualize treatment for 15 clients
- Document client sessions within required time frame

INTERNSHIP; LIFELINE YOUTH & FAMILY SERVICES

(August 2019 to May 2020)

- Developed and implemented foster parent training and support group services
- Implemented policies and strategies that met Department of Child Services criteria and wrote a handbook for the groups covering all aspects including clinical and programming
- Researched and Developed trainings on Boundaries, The 5 Love Languages, Trauma Informed Parenting, 40 Developmental Assets, Self Care, Attachment & Reactive Attachment Disorder, Parenting Thru Difficult Times and Grief
- Set up, plan and coordinate physical in person groups including food, child care workers, location, set up, and follow up with foster parents
- Directed staff who assisted with child care, training, and secondary therapists for larger groups

SKILLS

- Motivational Interviewing
- Experience with mindfulness
- Treatment planning
- Staying calm during crisis
- Building rapport
- Timely, accurate, and detailed documentation
- Creative objective and intervention planning
- Ability to work independently
- Strong interpersonal skills including flexibility, communication and patience
- Pedning EMDR training; Signed up for may and August training

- Completed follow up with foster parents including certificate completion, sending surveys and communicating with licensing agencies

STAFF COACH; LIFELINE YOUTH & FAMILY SERVICES

(October 2017 to April 2019)

- Shadowing bachelor's and high school degree leveled field staff
- Coach new and existing staff in job skills, time management, report writing, and scheduling
- Provide Red Cross training and car seat training to all staff
- Create resource centers in regional offices
- Reading supervised visitation notes
- Assisting staff with treatment plans, monthly reports and other documentation

FAMILY CONSULTANT; LIFELINE YOUTH & FAMILY SERVICES

(September 2012 to October 2017)

- Provide continuity in client relationships
- Provide services outlined from referral sources
- Maintain case files
- Provide accurate, non-biased reports on family and individual progress
- Provide detailed records on time spent and interactions with clients
- Maintained a high case load of clients for both supervised visitations and case management
- Worked with clients ages 3 to 70+ on coping skills, community resources, home management, parenting, understanding trauma, and motivational interviewing

SUPERVISOR OF VOLUNTEERS; CASA OFFICE OF ST. JOSEPH COUNTY

(June 2007 to September 2012)

- Recruited and trained volunteers for the CASA Program
- Provided support for volunteers who advocated for the best interest of abused and neglected children
- Initiated and maintained professional relationships with numerous services providers in the South Bend area
- Maintained case files and information on each child assigned
- Kept detailed records of volunteers' hours spent during each month as well as looking over detailed monthly reports and court reports
- Supervised volunteers in their advocacy of over 125 children
- Created and maintained CASA promotional literature such as brochures, bookmarks and fliers
- Maintained CASA website
- Attended, coordinated and facilitated meetings with service providers and Volunteers
- Attended court, kept notes on every case on the docket and updated tracking to keep CASA records current

Laura Bivens

6493 W. Division Line Road
Delphi IN. 46923
217-722-8175
Lbivens85@gmail.com

Work Experience

Lifeline Youth and Family Services September 2020-Present
Lafayette, IN

Regional Supervisor

- Provide supervision to staff to assist with providing outstanding services to children and families.
- Review treatment plans and visit logs to ensure adequate and clear documentation of services.
- Maintain consistent and clear communication with stakeholders to guarantee positive interactions.
- Developed Region 5's Foster Parent Support Group and served as the Group Coordinator.

Indiana Department of Child Services August 2017-September 2020
Lafayette, IN

Family Case Manager

- Communicate with families to develop a case plan for reunification, guardianship, or adoption
- Submit referrals to service providers and conduct Child/Family Team Meetings to ensure families are meeting goals
- Maintain consistent and clear communication with service providers and stakeholders to ensure quality services are provided to families
- Taught new and experience worker trainings with the goal of teaching best practice and current DCS policy
- Supervise new cohort members throughout the cohort training to provide the members with support and clear expectations.

Illinois State University Childcare Center August 2015-May 2017
Normal, IL

Teacher Assistant

- Assisted teachers with daily activities
- Monitored play and encouraged developmentally appropriate activities

The Caring Place September 2011-June 2016
Urbana, IL September 2006-June 2008

Head Teacher (Infant-12 year olds)

- Maintained a safe environment while encouraging activities that promote development
- Completed assessments following the ASQ & ASQSE format
- Created and implemented lesson plans that focused on child development
- Taught two students per semester from the University of Illinois's Early Childhood Education program

Carle Arrow Ambulance March 2013-September 2015
Urbana, IL

EMT-Basic

- Completed patient assessment, assessed vitals, and ensured quality patient care
- Assisted Paramedic with ALS calls

Cunningham Children's Home

June 2008-August 2011

Urbana, IL

Milieu Counselor

- Directly worked with clients with mental and/or behavioral disorders
- Supervised family visits and supplied after care for clients
- Supervised a team of four staff members and conducted weekly meetings to ensure team collaboration

Education

Indiana Wesleyan University

January 2021-Ongoing

Marion, IN.

MBA Program

Illinois State University

August 2015-May 2017

Normal, IL

Master's Degree in Human Development and Family Studies

University of Illinois

August 2006-May 2008

Champaign-Urbana, IL

Bachelor's Degree in Psychology and Political Science